

COVENTRY CONSTRUCTIVIST CENTRE

FOUNDATION COURSE 2019

The course will provide an introduction to the theory and principles of Personal Construct Psychology (PCP), allowing participants to develop a practical understanding of the theory which will then guide their work. The theoretical base of PCP is broad and robust, which makes this an approach with wide applicability in clinical and educational settings, but also in supervision, coaching, staff management, staff development, and organisational change. Following completion of the Foundation Course there are opportunities to attend further workshops and supervision in order to help you to begin to apply the theory in your own setting, should you wish.

Personal Construct Psychotherapy, which has developed from PCP, is a flexible approach to therapy which is well suited to consultation and short term work, as well as to more intensive clinical work. It is suitable for all client groups, ages, and ranges of ability. In this age of the quick fix, Personal Construct Psychotherapy is often useful when other therapies have failed to produce sustained improvement.

The course is taught by tutors who are all HCPC registered and have many years of experience in PCP. Between them, they have a range of publications about their therapeutic work using PCP. The tutors are Diane Allen, Peter Cummins, Heather Moran, Sally Robbins and Grant Weselby. You can find out more about our tutors on our website, under '[Our Staff](#)'. A maximum of 16 places are available which means that the group is small enough for both good discussion and personalised teaching. The Foundation Course has always contained a large component of practical exercises which help participants to engage well with the materials presented. The course is delivered in a seminar format and so participants are expected to prepare for sessions in advance by reading the Foundation Guide in order to benefit from this.

This course is offered in Coventry by the Coventry Constructivist Centre and runs for five full days. It is held at Queen's Road Baptist Church, Coventry, from 10.00am – 4pm each day. Details of our organisation and our courses can be found at www.covpcp.com.

The course dates are on Thursdays, except for the second week which is on a Friday. The dates are: **April 4th, April 12th, May 2nd, May 9th, and May 16th**. The course fee is **£195** for the whole course, which includes the seminar materials. The fee includes drinks and biscuits but it does not include lunch. Participants are asked to provide their own packed lunch, or they can use the on site café, or other nearby facilities.

If you would like to attend, please email sally@covpcp.com to book a place. When that is confirmed, you will need to pay the fee to secure your place, and to provide details of your name, professional role, personal email address & mobile number (for emergency contact in case of a problem before or during the course).

Places are allocated on a first come, first served basis. In the event that there are insufficient numbers to proceed with the course, all monies will be refunded. Please note that the fee cannot be refunded for failure to attend once a place is reserved.